

DEPARTMENT OF MENTAL HEALTH DIVISION OF BEHAVIORAL HEALTH

Missouri Model of Crisis Intervention

August 17, 2016 BHECON Forum Kansas City

Missouri Model of Crisis Intervention

- A partnership between law enforcement, the Department of Mental Health, the Missouri Coalition for Community Behavioral Healthcare and community stakeholders based upon Governor Nixon's Strengthening Mental Health Initiative
- A focus on the right interventions provided in the right way at the right time to improve outcomes and efficiently manage resources

Missouri Model of Crisis Intervention: Components

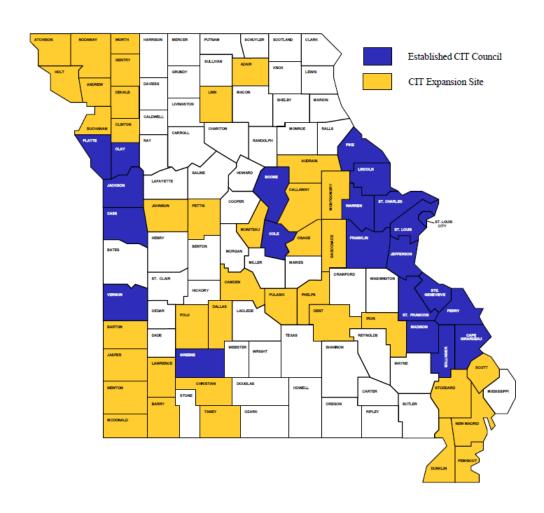
- Crisis Intervention Team (CIT) Program for Law Enforcement
- Community Mental Health Liaisons
- Emergency Room Enhancement Projects
- Missouri Crisis Prevention Project
- Excellence in Mental Health Act
- Local Initiatives:
 - Stepping Up: Pettis and Boone Counties
 - Kansas City Assessment and Triage Center (KC-ATC)

Crisis Intervention Team (CIT): A New Model

- DMH is committed to provide resources and support to the Missouri CIT Council with the charge to <u>expand CIT</u> <u>statewide</u> to any and all law enforcement agencies who seek to be CIT trained and to support the development of local CIT Councils
- A new partnership with the Missouri Coalition for Community Behavioral Healthcare to provide logistical and technical support to the Missouri CIT Council to assist local councils in establishing and maintaining local councils

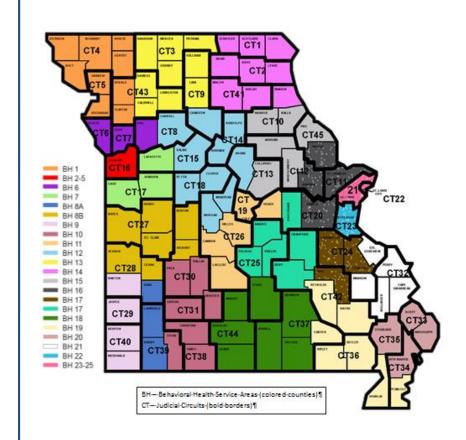
Crisis Intervention Team (CIT): A New Model

Missouri Crisis Intervention Team (CIT)
Program Expansion Map
August 2016



Community Mental Health Liaisons

- CMHLs are mental health professionals employed by the Community Mental Health Centers
- There are 31 CMHLs who provide coverage statewide
- CMHLs exclusively receive referrals from law enforcement and courts

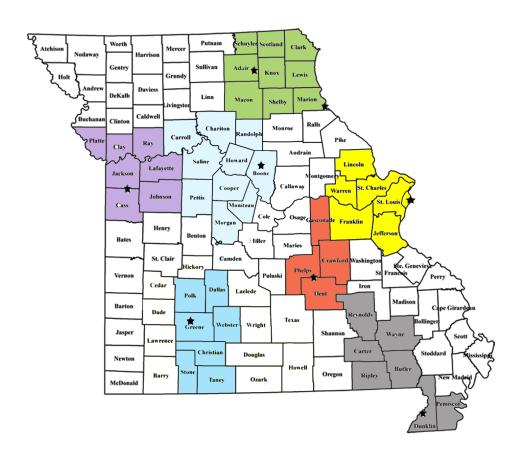


Community Mental Health Liaisons

- 33,000 contacts with law enforcement
- 20,400 referrals
- 430 POST certified trainings on mental health topics provided to law enforcement at no charge
- 5,100 officers trained

- Assists with individuals in crisis who present to Emergency Rooms
- Coordinate care and engage individuals into ongoing treatment.

- Kansas City
- Springfield
- Columbia
- Rolla
- St. Louis
- Poplar Bluff
- Hannibal



- 32 Law Enforcement Agencies
- 65 Hospitals, Clinics, and FQHCs
- 19 Community Mental Health Centers
- 31 Substance Use Disorder Treatment Providers
- 9 Regional Developmental Disability Offices
- 61 Local Service Agencies

- Three-month follow-up outcomes indicate significant:
- decrease in emergency room use
- decrease in hospitalizations
- decrease in homelessness
- decrease in arrests
- increase in employment

Mental Health Crisis Prevention Project

- Seeking a waiver for Medicaid eligibility to provide follow-up services and supports for young adults with a serious mental illness and/or a substance use disorder who have been identified in crisis and who are referred through the CMHL or ERE projects when in crisis
- To provide the necessary treatment for mental illness and substance use as well as appropriate support for employment and education to promote a stable recovery, to end the revolving door of crisis services and to provide a path toward independence and away from long-term permanent disability

Newest Initiatives

- Excellence In Mental Health Act
- Stepping Up Initiatives:
 - Pettis & Boone Counties
- Kansas City Assessment and Triage Center (KC-ATC)

Missouri Model of Crisis Intervention: A National Standard

The Missouri Model will become the national standard for partnerships between law enforcement, behavioral health agencies and local community stakeholders for dealing with individuals with mental illness and substance use disorders who are in crisis.

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