

“Missouri Model” of Crisis Intervention Teams (CIT)

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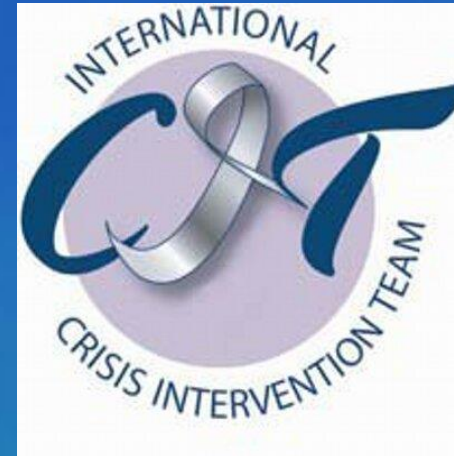


History of CIT

CIT Memphis 1988



CIT Kansas City



CIT St. Louis

CIT Mid-Missouri



CIT Missouri



What is CIT?

More than training

Key component is
collaboration

IS NOT A SUBSTITUTE FOR
SOUND OFFICER SAFETY
TACTICS!!!

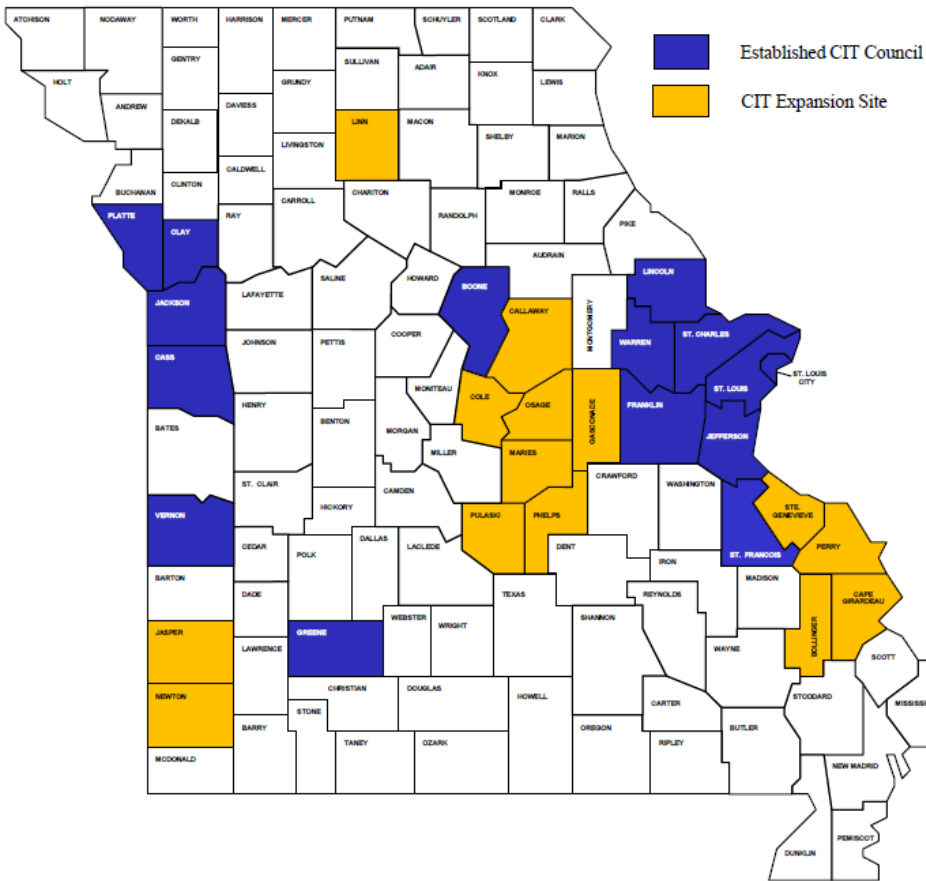


Goals of “Missouri Model” of CIT

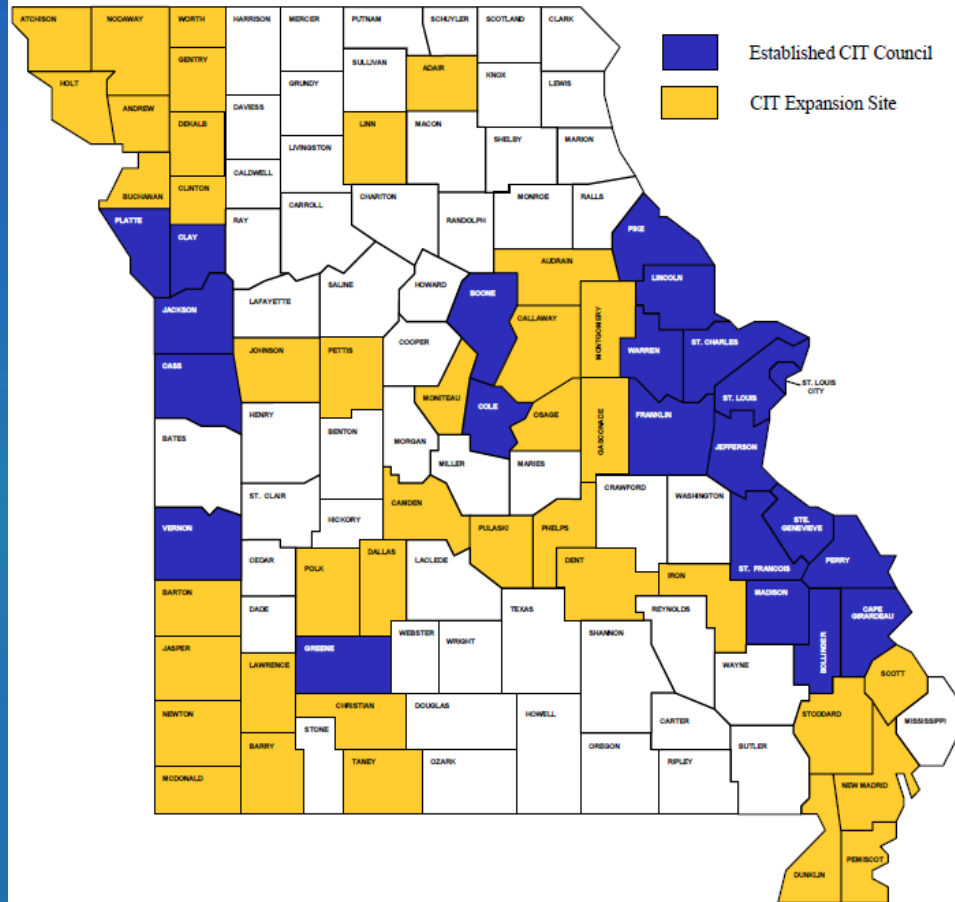
- Support the MO CIT Council in the development of CIT
- Foster CIT as a key component to crisis response
- Support ongoing CIT training from established CIT Programs.
- Support LE agencies to establish their own CIT Programs (expansion).
- Create a standardized core CIT curriculum available to any CIT Council.
- Improve CIT Data Collections (#of people trained, #of CIT Reports, CIT Outcomes, etc.).
- Secure additional funding to continue to support CIT in Missouri as it expands.
- Turn the white to gold and the gold to blue

Missouri CIT Council Expansion

Missouri Crisis Intervention Team (CIT)
Program Expansion Map
April 2014



Missouri Crisis Intervention Team (CIT)
Program Expansion Map
August 2016



Expansion

Missouri CIT Expansion
Toolkit.

Identify new areas of
Missouri to target for
expansion

Produce Video/PSA



Keys to CIT Expansion

1. Collaboration among agencies at the MO CIT Council meetings.
2. Support of Community Mental Health Centers
 - Time, resources, support of CMHC staff to help to establish CIT programs.
 - Community Mental Health Liaisons (CMHLs).

Training

Core curriculum

Pre/Post Test

Standard Evaluation

Develop Presentations and
Materials

Develop CIT Training
Tracking Tool



Missouri CIT Council Curriculum



MO-CIT-CURRICULUM

MO-CIT-Curriculum-Classes-(Total-Hours=40)				
Required-Courses-(32-34-Hours)	Minimum-Hours	Maximum-Hours	Example-1	Example-2
1. Overview of CIT-(Entry-Test-Required)	1	0	2	1
2. Overview of Mental Health Disorders	1	0	1	3
3. Substance Use/Co-Occurring Disorders	1	0	2	1
4. Medication	1	0	1	2
5. Suicide Intervention	1	0	2	1
6. De-Escalation Strategies and Techniques	4	0	4	4
7. De-Escalation Role Plays	4	0	4	4
8. Lived Experience Panel(s)	2	0	2	2
9. Hospital Procedures	1	0	2	2
10. Community Resources	1	0	2	1
11. Site Visits	2	0	3	5
12. Overview of Civil Involuntary Detention Laws	1	0	1	1
13. Building Trust and Legitimacy in Diverse Communities	1	0	1	1
14. Youth Interventions	1	0	1	1
15. Aging Interventions	1	0	2	1
16. Intellectual Disabilities	1	0	1	1
17. Officer/Deputy/Trooper Wellness	1	0	1	1
18. Veterans' Issues	1	0	1	2
19. Graduation & CIT Evaluation-(Exit-Evaluation-Required)	1	0	1	1
The minimum number of required class hours is 32. (6 additional hours from the list above are required to reach the 32-hour minimum).	32	0	32	0
The maximum number of required class hours is 34. (No more than 8 additional hours from the list above are allowed to reach the 34-hour maximum).	0	34	0	34



MO-CIT-CURRICULUM

Electives Courses-(6-8-Hours)	Minimum-Hours	Maximum-Hours	Example-1	Example-2
1. CIT from the Officer/Deputy/Trooper Point of View	1	2	0	0
2. CIT Reports/Supervision	1	2	0	1
3. Tactical Planning/Liability Consideration	1	2	0	0
4. Terrorism	1	2	0	0
5. Law Enforcement Suicide	1	2	1	0
6. Suicide by Cop	1	2	1	0
7. Suicidal vs. Non-Suicidal Self-Harm	1	2	0	0
8. Counseling on Access to Lethal Means-(CALM)	1	2	0	0
9. Inpatient Hospital Assessment Process	1	2	0	1
10. Trauma-Informed Care	1	2	0	0
11. Post-Traumatic Stress Disorder-(PTSD)	1	2	2	0
12. Bipolar Disorder	1	2	0	0
13. Personality Disorders	1	2	0	0
14. Excited Delirium	1	2	0	0
15. Autism Spectrum Disorder	1	2	1	0
16. Alzheimer's Disease	1	2	0	0
17. Hoarding Disorder	1	2	1	0
18. Eating Disorders	1	2	0	0
19. Specialty Courts	1	2	0	2
20. Guardianship and Power of Attorney	1	2	0	0
21. Homelessness	1	2	2	2
22. Reducing Stigma	1	2	0	0
23. Networking Lunch-(local sponsorship required)	1	1	0	0
Select at least 4 classes from the list to equal up to 8 hours.	0	0	0	0
The minimum number of elective class hours is 6.	6	0	0	6
The maximum number of elective class hours is 8.	0	8	8	0
TOTAL HOURS	40	40	40	40

Missouri State CIT Conference

- 2016 Conference
 - 450 people attended
 - 96% of attendees were “overall” satisfied with the conference
- 2017 Conference
 - March 28, 2017
 - Pre-conference on officer wellness



CIT International 2016



Expansion of MO CIT Membership

- Increasing the number of people attending MO Council Meetings
- Expansion to rural areas
 - Conference calls
 - Webinars



Expansion - Use of Technology

- Website/Facebook
- Logo/Branding
- Online registration
- Online data reporting system

www.missouricit.org



Benefits of the CIT Program

Law Enforcement

- Increase officer safety
- Reduce officer injuries
- Extends an officers skills, expertise, and professionalism
- Reduces the amount of time spend on CIT calls
- Increases moral
- Increases communities confidence in law enforcement
- Reduces liability

Community

- Reduces potential of injury or death to those with mental health and substance use disorders
- Reduces the possibility consumer will end up in the criminal justice system
- Increases possibility that consumer will get connected to appropriate care

Questions

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