# Integrated Health in Social Work Education

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#### About the Grant

- Behavioral Health Workforce Education and Training for Professionals and Paraprofessionals grant from the Health Resources and Services Administration (HRSA), U.S. Department of Health and Human Services
- Began fall 2014, 3 year grant
- Partnership
  - The University of Missouri (MU) School of Social Work,
  - University of Missouri-St. Louis (UMSL) School of Social Work, received a the.
- Goals
  - Increase the workforce in integrated behavioral health (IBH)
  - Expand training to integrated behavioral health professionals throughout Missouri.
- Designed to improve access to services among high need, vulnerable children, adolescents, and transitional age youth under 25 years old (at-risk for developing or have developed a recognized behavioral health disorder) in urban and rural Missouri, as well as areas in East St. Louis, Illinois.

## So far...

- > MU has graduated 25 students under the grant
  - All 25 students were placed in IBH practicum settings
  - All but one student was placed in Missouri
- > At 6 month follow up for Yr1 (n=12) students:
  - $\circ$  8 of the 12 were employed in IBH settings
  - 2 were employed, but not in an IBH setting due to no openings in IBH where they lived
  - o 2 were not working, but were seeking employment in IBH
- Year2 (n=13) follow up data will be collected in November, 2016
- MU has selected 16 students for the final year of the grant who will begin their practicums Spring 2017

## Placement agency sample

Arthur Ctr BJC (STL) Bridge way Behavioral Health (St Plains) Charles) **Burrell Behavioral Health** (STL) (Columbia) Crider (Wentzville/Warrenton) Family Counseling Center (Poplar (Trenton) Bluff) Great Circle (St. James) (Hannibal) Pathways (Waynesville, Jefferson City)

University Physicians FP and Peds Clinics (Columbia) Ozark Medical Center (West Mercy Hospital Behavioral Health NW Health (St Joseph) North Central MO Mental Health Mark Twain Behavioral Health **Tri-County Mental Health** Services (KC)

### **Other Grant Accomplishments**

SSW faculty has a presence on local IBH consortium

- Offered 3 free webinars for community IBH practitioners (Motivational Interviewing, Identifying & Treating Co-Occurring DO & Trauma Informed Care)
  - 92 attended the trainings synchronously, and more continue to watch the recorded trainings
  - Scheduled to offer 4 more by Summer 2017 (Including Family in Integrated Care, Nurse Care Manager Training, Trauma Informed Care – a Deeper Look, and Case Based Problem Solving presentation)
- Distributed over 100 books & DVDs on BP topics to IBH agency field supervisors
- Hosted the MU SSW Fall Forum 2016

 Advocacy & Ethics Related to Suicide & Substance Abuse Amongst School Aged Children

#### **Grant Accomplishments Continued**

- Sponsored 2 cohorts of grantees to attend the annual Missouri Coalition for Community Behavioral Health Conference (2016/2017-27 students)
- Two articles were published by 2 grant students
  - Corinne Mann: Social Workers as Behavioral Health Consultants in the Primary Care Clinic
  - Erin Richmond: Emergency Care and Behavioral Integration: Where do we fit? How do we grow?
- New course being developed to offer more opportunities to learn additional evidence based options for current students and current community professionals (MI, Assessment and treatment of suicidal self directed violence and whole health).
  1-3 credits

#### What our students said...

"Until you work in an environment where they have a psychiatrist, nurse, therapist, peer support, community support specialist and a vocational rehab specialist; you don't realize how valuable being integrated is for your clients. Your client is getting their needs met in one place without the stress of taking off work multiple times or having to go to multiple doctors...I am

hoping to stay in integrated behavior health and really make changes to the current way we interact and treat our clients both mentally and physically." "The grant has also afforded me ability to gain more understanding of our role in integrated healthcare and how we can help to provide our clients overall coverage that could potentially save their lives."

#### What our students said, cont.

"By completing my placement at an FQHC I have been able to work with many individuals and families that are at greatest need for behavioral health interventions. The integrated model has proven to be very beneficial for our clients and truly helps them to navigate the healthcare system, by having a multitude of supports available in one location."

"I believe students who receive training in integrated health care receive a unique set of skills that will really prepare them for work in the future as the nation moves more toward providing holistic care."

### Questions?

