The Goal:

- To reduce the number of people with mental illness in Jail – but really expecting MUCH broader outcomes

The Problem:

- We rely on a system built more than 50 years ago, when very few people with mental illness were in jail or prison
- It is a system that
  - Is Fragmented
  - Is Antiquated
  - Doesn't use best practices
- "Local jails are becoming the Insane Asylums of the 1950's & 60's!"

Statistics

- Annually, 2 million adults with serious mental health issues pass through our nation's jails
  - Many have co-occurring substance abuse disorder
- Most of the arrests are for crimes such as loitering, public disturbance, actions stem from illness rather than intent to do harm
- Once incarcerated, tend to stay 2-3x longer, and are more likely to be subject to re-incarceration
- Spend 2-3x more on people with mental illness (meds, resources, staff, money)

The Bigger Problem:

- Additional time and resources strain county budgets…
- While doing <u>VERY LITTLE</u> to impact these people & their families in a positive way!
- Jail is not the place to address mental health problems
  - Despite our efforts, we don't see the outcomes needed to address the situation
  - We need to bring a systematic, long-term effort to improve out outcomes
  - Bring together professionals & practitioners from CJ, mental health, community health & social services

Lessons Learned

- Must stop the stigma of failure to treat people with mental health issues
- Much of the solution rests with the local community
- State, federal governments won't fix the problem
- Structural changes necessary in the local community
- Jail is not the right place to address mental illnesss
- The right community partners are necessary to see it to a right solution
- Partnership with other service providers is essential

StepUpTogether.Org

Take Action Now

What You Can Do

Stepping Up asks communities to come together to develop an action plan that can be used to achieve measurable impact in local criminal justice systems of all sizes across the country. Learn More »

Counties that have passed resolutions (242)

Creating a Plan Tailored to YOUR Needs

1. Convene or draw on a diverse team of leaders and stakeholders (May-June)
2. Collect and review data on the prevalence of people with mental illnesses in jail and assess their treatment needs (June-July)
3. Examine treatment and service capacity and identify policy and resource barriers (August-September)
4. Develop a plan with measurable outcomes* (Oct)
5. Implement research-based approaches* (Oct-Nov)
6. Create process to track and report on progress

Shareholder Group

- Courts
- Behavioral Health
- Human Services
- Law Enforcement
- Public Defenders
- Faith-Based Groups
- People w/ Mental Illness
- Families
- Support Groups

- Housing
- Employment
- Corrections
- Elected Officials
- Legal Aid Workers
- Researchers
- State Policy Makers
- Government Officials
- City/County Partners

Utilize Comprehensive Resources
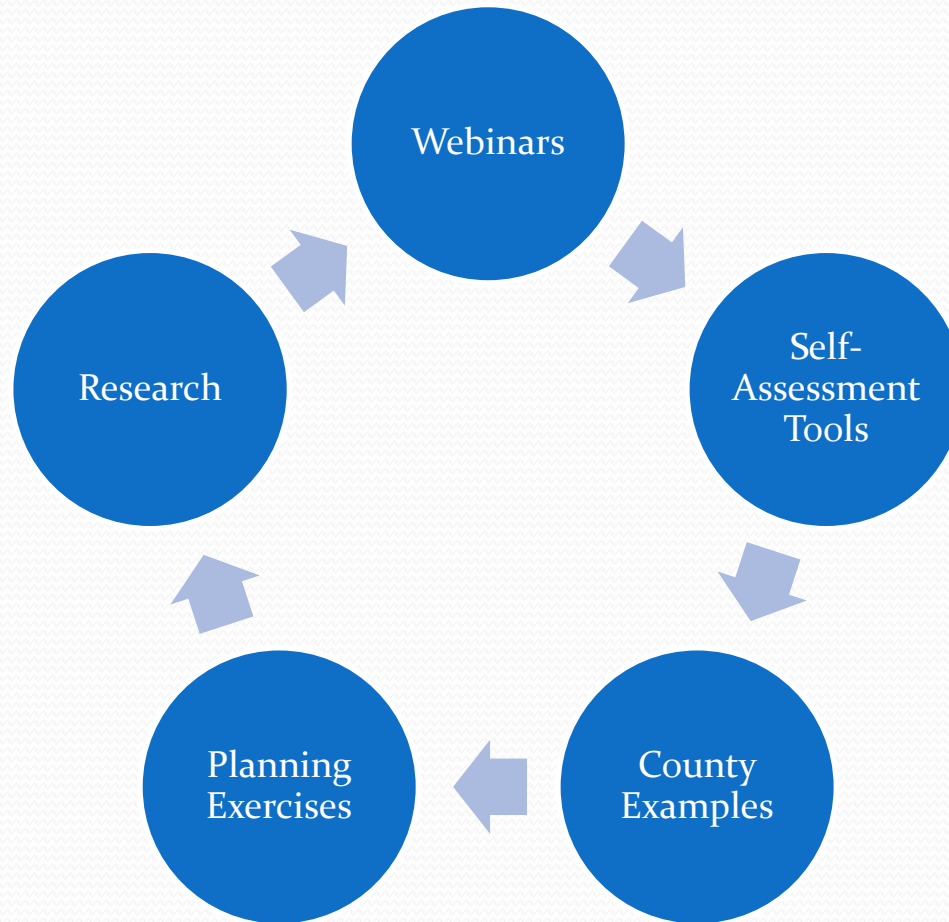
What Did We Ask Of Others?

6 Months

1. Passed a county resolution to begin the process
2. Participated in the Stepping Up Initiative webinars
3. Worked together to develop an actionable plan to
   1. Make more efficient use of resources
   2. Promote access to treatment and support services
   3. Encourage research-based practices to reduce the number of people with mental illness in our jail
4. Committed to sharing lessons learned with other communities

Resources Toolkit

Module 1: Convene a diverse team of leaders and stakeholders

- Module 1 Planning Guide
- Key Resources

Webinar 1 (5/14/2015): Getting Started with Stepping Up
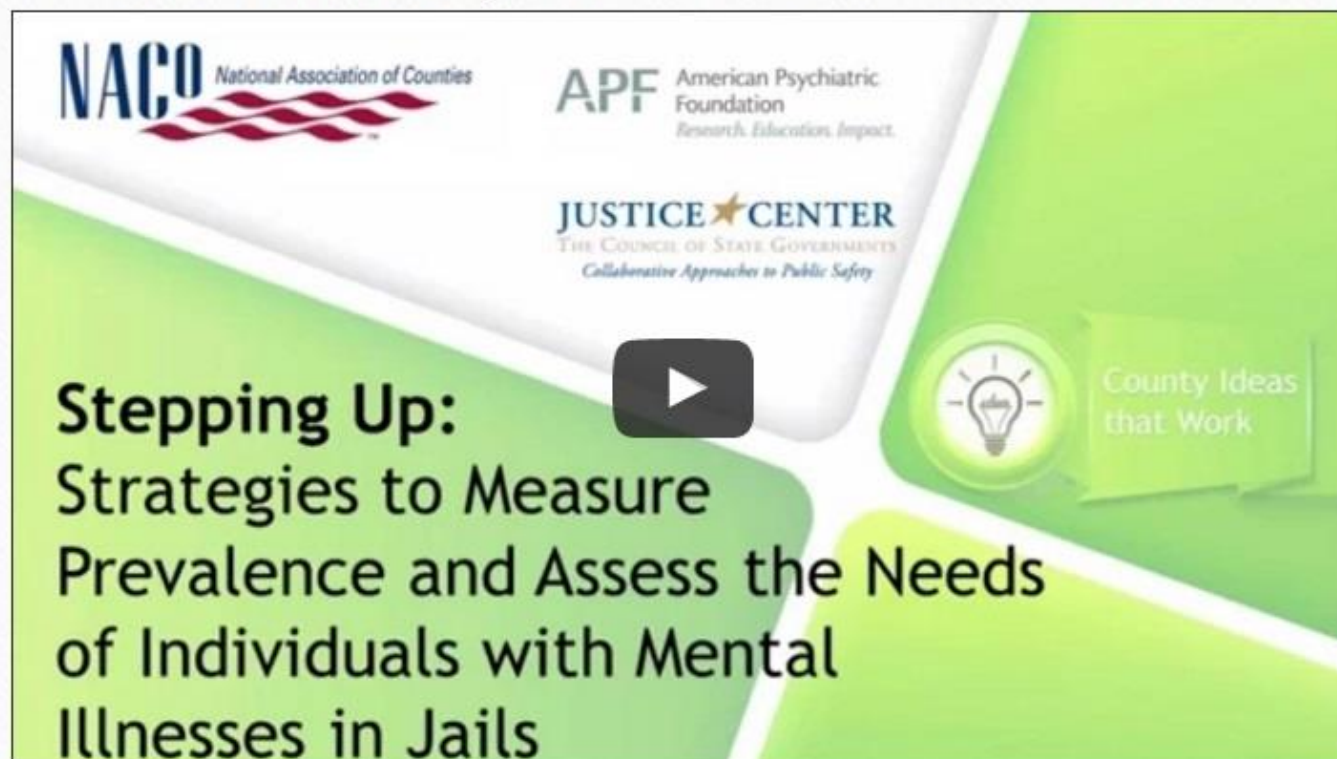
Resources Toolkit

Module 2: Collect and review data on the prevalence of people with mental illnesses in jails and assess their treatment needs

- Module 2 Planning Guide
- Key Resources
- Webinar Slides

Webinar 2 (6/30/2015): Strategies to Assess the Needs of Individuals with Mental Illness in Jails

Resources Toolkit

Module 3: Examine treatment and service capacity and identify policy and resource barriers to minimizing individuals' contact with the justice system and providing needed treatment and supports

- Module 3 Planning Guide
- Webinar 3 Slides (PDF – *Video is below*)
- Webinar 4 Slides (PDF – *Video is below*)
- Webinar 5 Slides (PDF – *Video is below*)
- Key Resources

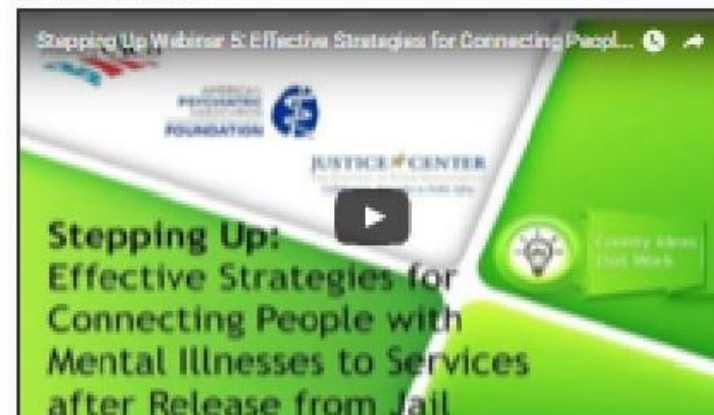Webinar 3 (August 20, 2015), Examining Treatment and Service Capacity

Webinar 4 (9/10/2015), Effective Law Enforcement and Diversion Strategies

Webinar 5 (10/8/2015), Effective Strategies for Connecting People with Mental Illnesses to Services
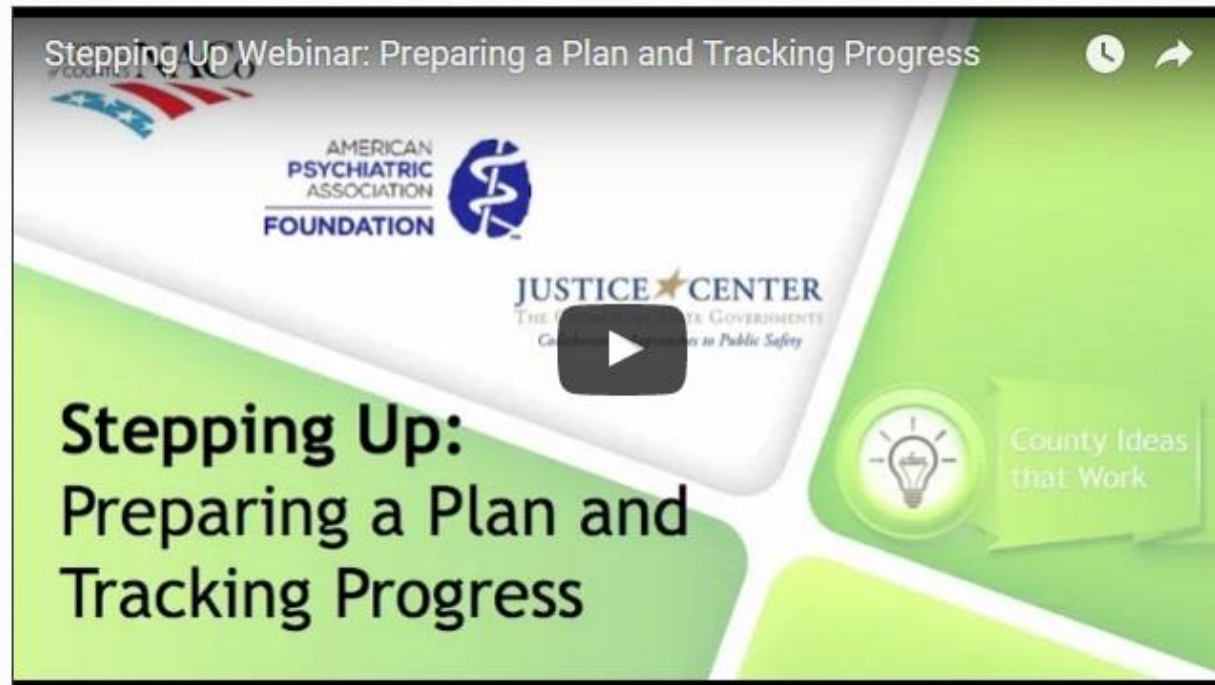
Resources Toolkit

Module 4: Develop a plan with measurable outcomes that uses research-based approaches

- Key Resources
- Webinar 6 Slides (PDF – *Video is below*)
- Bexar County Community Medical Directors Roundtable Agenda

Module 5: Create a process to track and report on progress

- Key Resources

Webinar 6 (11/17/15): Preparing a Plan and Tracking Progress (this webinar covers both Modules 4 and 5)

Stepping Up Webinar: Preparing a Plan and Tracking Progress

AMERICAN PSYCHIATRIC ASSOCIATION FOUNDATION

JUSTICE ★ CENTER
THE COUNCIL OF STATE GOVERNMENTS
...es to Public Safety

Stepping Up:
Preparing a Plan and Tracking Progress

County Ideas that Work

Collecting & Using Data

- Identified who are the highest users of CJ & mental health services
  - Locally – 14% of those arrested meet criteria
    - 16% of long-term inmates have some type of MH disorder
    - 95% recidivism rate for these individuals!
- "Wrap arms" around those who access services most
  - Direct better outcomes
  - Get a better bang for the buck
  - Spend dollars more effectively
- Creating both pre- and post-arrest diversion programs
- Three Initiatives

Initiative 1

- Crisis Intervention Training (CIT)
  - Train as many law enforcement officers as possible across several agencies (municipal, county, & state)
  - Certifying CIT Officers/Deputies
    - August - 1 Sedalia Police Officer
    - November – 2 Pettis County Deputies (1 in jail/1 road deputy)
    - Earlier this month – 2 additional Pettis Co Road Deputies
    - Currently working to establish local training
  - But must realize that some people are still going to get arrested, so other programs are post-arrest diversions

Initiative 2

- Assist in Crisis Stabilization
  - For those exhibiting serious mental illness, follow-up assessment, referral & possibly diversion.
  - Jail distributes daily arrest reports to local service providers for cross-referencing of client roles to facilitate early intervention
  - Prior to release of inmate
    - Meet with the individual, start to set up services, get benefits
    - Try to convince offender why it is important to take treatment
    - Help with housing, help getting to appointments/court
    - Help with all things needed to get them to recovery
    - Act as boundary scanners, counselors, encouragers

Initiative 3

- Establish a Full-Time Coordinator Position
  - Currently led by Pettis Co Mental Health Coalition
    - 63 individuals from 15 agencies
    - Initiated by Sheriff Kevin Bond; coordinated by Jail Administrator
    - Subcommittees run by 18th Judicial Circuit Probate Judge and Administrator of Pettis Co Health Center
    - Acquisition of Services by Community Mental Health Liaison (CMHL) with Burrell Behavioral Healthcare
    - Drawing upon volunteers from multiple local groups/agencies
  - Need centralized coordination that can track beyond jail
  - Standardize assessment, referrals & provision of services
  - Expansion of data collection

Initiative 4

- Develop a Systems Roadmap for Pettis County
  - Uses Sequential Intercept Model (SIM)
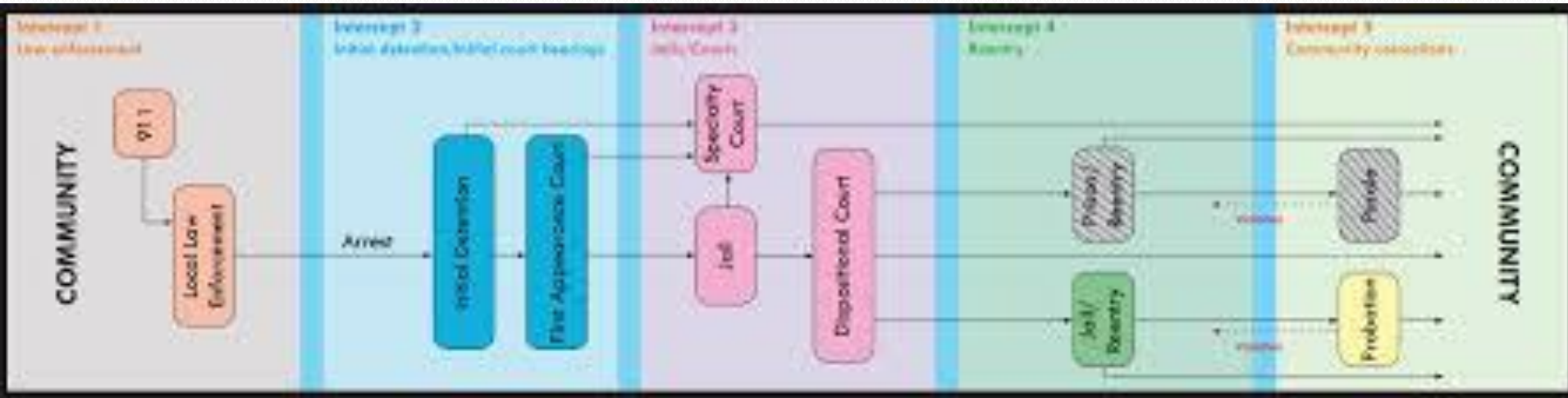
  - Received SAMSHA Gains Center Training Grant last week – one of only 5 awarded nationwide!

Where Do We Go From Here?

- National Stepping Up Conference – Team Grant
- Implement Completed Roadmap into Local Operations
- Secure Grant-Funded Coordinator Position
- Expand Current Service Provisions
- Develop New & Innovative Services
- And most importantly, reduce the involvement of people suffering from mental illness in the CJ System

Questions?

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