

# DEPARTMENT OF MENTAL HEALTH DIVISION OF BEHAVIORAL HEALTH

# Missouri Model of Crisis Intervention

June 26, 2017 BHECON Forum Poplar Bluff

### Missouri Model of Crisis Intervention

- A partnership between law enforcement, the Department of Mental Health, the Missouri Coalition for Community Behavioral Healthcare, hospitals and community stakeholders
- A focus on the right interventions provided in the right way at the right time to improve outcomes and efficiently manage resources

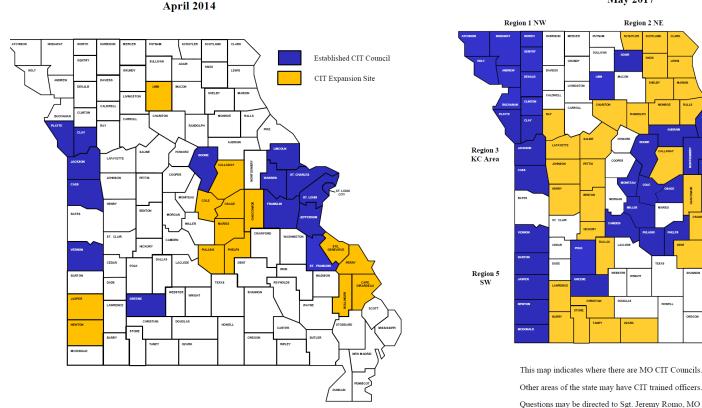
### Missouri Model of Crisis Intervention: Components

- Crisis Intervention Team (CIT) Program for Law Enforcement
- Community Mental Health Liaisons
- Emergency Room Enhancement Projects
- Mental Health First Aid
- Excellence in Mental Health Act / Certified Community Behavioral Health Clinic
- Local Initiatives:
  - Stepping Up: Pettis and Boone Counties
  - Kansas City Assessment and Triage Center (KC-ATC)

#### Crisis Intervention Team (CIT): A New Model

- DMH is committed to provide resources and support to the Missouri CIT Council with the charge to <u>expand CIT</u> <u>statewide</u> to any and all law enforcement agencies who seek to be CIT trained and to support the development of local CIT Councils – 6600 LEO trained as of May 2017
- A new partnership with the Missouri Coalition for Community Behavioral Healthcare to provide logistical and technical support to the Missouri CIT Council to assist local councils in establishing and maintaining local councils

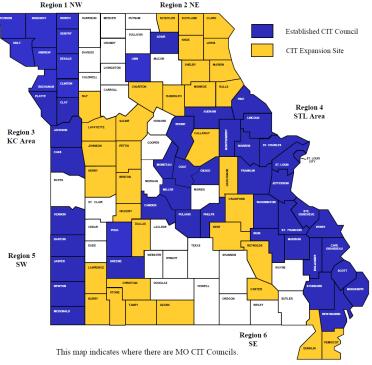
#### Crisis Intervention Team (CIT): A New Model



Missouri Crisis Intervention Team (CIT)

**Program Expansion Map** 

#### Missouri Crisis Intervention Team (MO CIT) **Program Expansion Map** May 2017

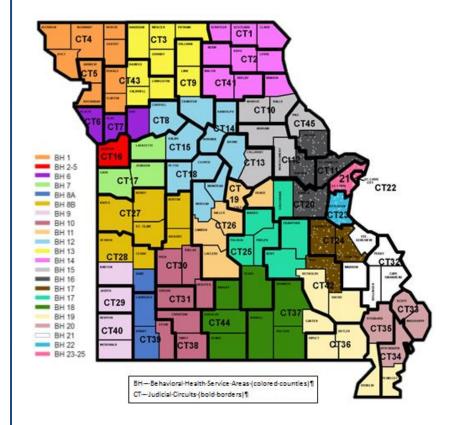


Questions may be directed to Sgt. Jeremy Romo, MO CIT

Coordinator, at jfromo@stlouisco.com.

#### Community Mental Health Liaisons

- CMHLs are mental health professionals employed by the Community Mental Health Centers
- There are 31 CMHLs who provide coverage statewide
- CMHLs exclusively receive referrals from law enforcement and courts



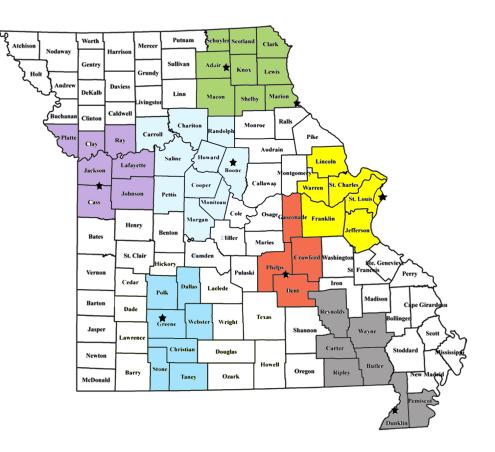
# **Community Mental Health Liaisons**

- 43,087 contacts with law enforcement
- 27,912 referrals
- 568 POST certified trainings on mental health topics provided to law enforcement at no charge
- 8,023 officers trained

\*Data as of March 2017

- Assists with individuals in a behavioral health crisis who present to Emergency Rooms
- Coordinate care and engage individuals into ongoing treatment

- Kansas City
- Springfield
- Columbia
- Rolla
- St. Louis
- Poplar Bluff
- Hannibal



- 32 Law Enforcement Agencies
- 65 Hospitals, Clinics, and FQHCs
- 19 Community Mental Health Centers
- 31 Substance Use Disorder Treatment Providers
- 9 Regional Developmental Disability Offices
- 61 Local Service Agencies

- \*At three-month follow-up:
  - 58% decrease in ER usage
  - 57% decrease in hospitalizations
  - 58% decrease in homelessness
  - 44% decrease in arrests/contact with law enforcement
  - 27% increase in employment
- \*At six-month follow-up:
  - 69% decrease in ER usage
  - 71% decrease in hospitalizations
  - 77% decrease in homelessness
  - 56% decrease in arrests/contact with law enforcement
  - 49% increase in employment \*MIMH Quarterly Report- All Sites, Quarter 3- FY17

- Three-month and six-month follow-up outcomes indicate significant:
  - decrease in emergency room use
  - decrease in hospitalizations
  - decrease in homelessness
  - decrease in arrests
  - increase in employment

- New ERE in Cape Girardeau now
- Additional EREs as part of the Excellence in Mental Health Act / Certified Community Behavioral Health Clinic

## Mental Health First Aid



- Over 1200 law enforcement officers in Missouri have been trained in Mental Health First Aid (MHFA)
- 15 law enforcement officers trained as Mental Health First Aid Instructors
- 3 FBI Agents trained as Mental Health First Aid Instructors

### **Newest Initiatives**

- Excellence in Mental Health Act / Certified Community Behavioral Health Clinic
- Stepping Up Initiatives:
  - Pettis & Boone Counties
- Kansas City Assessment and Triage Center (KC-ATC)

#### Missouri Model of Crisis Intervention: A National Standard

The Missouri Model will become the national standard for partnerships between law enforcement, behavioral health agencies and local community stakeholders for helping individuals with mental illness and substance use disorders who are in crisis.

#### **THANK YUU** BHEC TO **SPONSORS** Behavioral Health + Economics Network MISSOURI DEPARTMENT OF Alkermes MISSOURI **Behavioral Health** FOR COMMUNITY BEHAVIORAL HEALTHCARE 573-888-8454 twinriversregional.com MENTAL HEALTH FIRST AID BEHAVIORAL HEALTH FCC Poplar Bluff Regional Medical Center BEHAVIORAL HEALTH FOR BEHAVIORAL HEALTH Healthy Minds. Strong Communitie THE NEW YORK COMMUNITY TRUST MO COUNCI genOa a Qol healthcare company OMPASS HEA **EMERGENCY ROOM** PATHWAYS CRIDER ROYAL OAKS ENHANCEMENT Improving Access to Behavioral Health Care