

What is a CCBHC and How Can It Help Me?

A Certified Community Behavioral Health Clinic (CCBHC) provides additional services for individuals with a mental health and/or substance use disorder.

These additional services are designed to provide support to you in creating a rich, meaningful and productive life while decreasing the need for inpatient treatment and increasing the quality of life including a focus on improving or maintaining physical health. Some services can happen at the clinic site and/or in the community.

Additional Services include:

- Crisis Mental Health Services
 - Crisis Assessment
 - Safety Planning
 - Crisis Resolution
- Clinical Treatment that Occurs in the Community
 - Individual Therapy
 - Psychiatric Evaluation and Monitoring
 - Intra Muscular Injections
- Ancillary Withdrawal Services
 - Detoxification services for individuals who are experiencing mild to moderate symptoms of withdrawal from opiates and alcohol
- Primary Care Screening and Monitoring
 - Screening for common medical issues such as diabetes and high blood pressure
 - Ongoing monitoring of physical health needs
 - Referral to primary medical doctor or needed specialists
- Targeted Case Management
 - Assistance with obtaining basic needs
 - Advocacy
 - Coordination of services
 - Referrals to community services and resources
- Psychiatric Rehabilitation Services
 - Assistance in finding and keeping a job
- Peer Support and Family Support Services
 - Assistance in finding and linking to community supports such as self help
 - Education for family members about mental health and substance use disorder
- Services for Members of the Armed Forces and Veterans
- Close Coordination of Care with all Service Providers

If you are interested in learning more about how the new services could help you in meeting your goals,
please call us at 716.539.5500.